



## **CHAMPIONSHIP RACES 2023**

### **RACER CATEGORIES:**

#### **BASIC - AGE GROUP – ELITE**

When requesting the OCR card for the year 2023, each competitor must mark the racer category he / she prefers and must attach the sports medical certificate. A change of category during the year is possible only when changing from Basic to Age Group. Each competitor can only run in one category (Elite or Age Group) at the same distance in a race, there is no possibility of multiple runs, with the exception of the relay and team races, as well as the Basic / Open category.

#### **BASIC - BEGINNER**

Beginner racers who want to try OCR races and obstacles, but would like to do so for fun, without stakes and, if applicable, without penalty tasks. Any number of obstacles can be faulted during the races. Anyone can choose this category; an OCR card is not required. However, the Basic competitor who has an OCR card (and therefore a competition license and sports medical certificate) can transfer to the Age Group category at any time during the year - within the deadline set by the Federation before the competition.

In OCR competitions, this category means starting in the Basic (open, journeyman) race.

#### **AGE GROUP (AG)**

Intermediate racers who want to test themselves in age groups at OCR races.

International standards: Age Group competitors receive 3 wristbands at the start. Losing all three wristbands will result in disqualification, the competitor will not be evaluated in the competition. Of course, the competitor can finish the race for his own pleasure, but his result cannot be evaluated from the point of view of the race result.

OCR-type obstacles: Due to the alignment with international standards, the competitor can attempt OCR-type obstacles once. If they fail, one of their wrist bands will be cut. In a national championship race or cup race, due to the loss of the wristband, the competitor must complete a penalty loop or perform other "punishment" or tasks approved by the Technical Committee of the Federation (once or twice, according to the number of lost wristbands).

Skill-type obstacles: (e.g. target shooting, balance, etc.) may be attempted by the competitor two or three times - based on the nature of the task, as determined by the competition organizer. Non-performance can also be triggered by a penalty loop or the competitor shall perform other "punishment" or tasks approved by the Technical Committee of the Federation. Laser shooting will be governed by special rules established by the Technical Committee of the Federation.

Mandatory obstacles (e.g. barriers, crawling, water pit, etc.) can be attempted by the competitor as many times as necessary, but he cannot continue without overcoming the obstacle.

The assessment of which OCR-type obstacle and which skill-type obstacle in a given competition is the responsibility of the Federation's Technical Committee.



There is a time limit for the completion of the competitions established by the competition organizer and approved by the Technical Committee. Completing beyond the time limit will result in disqualification, the competitor will not be evaluated in the competition, and his result cannot be evaluated from the point of view of the competition result.

Criteria for evaluation: All those who lost a maximum of 2 wristbands during the race and finished within the specified time limit (including the completion of the penalty loop / penalty task) will be evaluated. Among these competitors, time determines the order.

## **ELITE**

Prominent competitors who want to compete among the best in OCR sport. Those who already had an OCR card in 2022 can choose this category, based on a discussion with the head of their own association. It is possible to deviate from this with individual federal assessment, based on already completed competition results. **The minimum age limit for the Elite category is 15 years.**

International standards: The Elite competitor receives 3 wristbands at the start. Losing all three wristbands will result in disqualification, the competitor will not be evaluated in the competition. Of course, the competitor can finish the race for his own pleasure, but his result cannot be evaluated from the point of view of the race result.

OCR-type obstacles: Due to the alignment with international standards, the competitor can attempt OCR-type obstacles once. If they fail, one of their wrist bands will be cut. In a national championship race or cup race, due to the loss of the wristband, the competitor must complete a penalty loop or perform other "punishment" or tasks approved by the Technical Committee of the Federation (once or twice, according to the number of lost wristbands).

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